

# EUROPEAN RUNNING CHAMPIONSHIPS

BRUSSELS >> LEUVEN

MARATHON | HALF MARATHON | 10K

# TEAM MANUAL



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# GENERAL INFORMATION

- Introduction
- Host country: Belgium
- Host region: Flanders
- Host city: Brussels
- Host city: Leuven



# 2025 - A unique moment



The **first ever** European Running Championships



Putting road running and especially the **marathon in the foreground**



**More medals,** more chances: half, 10K and Team Medals



**Run with the stars.** It will be the first time that the masses can take part in an official championship.



All runners will run for their country. **Country ranking** = 25 athletes



# Our target



**30.000  
runners**



**Marathon:**  
12.500



**Half Marathon:**  
10.000



**10K:**  
7.500



**Spectators:**  
Saturday: 30.000  
Sunday: 50.000

*Major media attention with live broadcast on TV*





# European Running Championships



## FRESH EVENT FORMAT, GOOD TO KEEP IN MIND

3 Races	Marathon, Half Marathon, 10Km
Mixed Gender	Men and Women on the single start of each race
Ranking	As usual, Individual and Team (top 3 results), for each gender
Saturday	Half Marathon – start and finish at the same place (Leuven)
Sunday	10Km – start and finish at the same place (Leuven) Marathon – start in Brussels, finish in Leuven (no WR, ER)
No Pacing	Even a mixed-gender race, no pacing will be allowed
Refreshments	Elite Refreshment Stations every 5Km (No country allocated tables)
Final entries	Opening on 12 March Closing on 2 April 14:00 CET
Age Limit	At least 20 on 31 December 2025 Marathon and Half Marathon At least 18 on 31 December 2025 10km
Entry Conditions	No entry standards, but you are free to determine national ones



# Host country: Belgium

- **Form of Government:** Federal, representative democratic, constitutional monarchy
- **Location:** Europe
- **Area:** Brussels - Leuven
- **Population:** 11.76 million
- **Coastline:** North Sea
- **Climate:** Temperate maritime climate
- **Language:** Dutch / French / German
- **Religion:**
  - Catholicism (44%)
  - Protestantism (1%)
  - Eastern Orthodoxy (1%)
  - Christians (3%)
  - No religion (41%)

- **Capital:** Brussels
- **Local Time:** Belgium's standard time is Central European Time (UTC+01:00).
- **Electricity:** Plug types C, E & F
- **Driving:** Right side of the road
- **International Calls:** +32
- **Telephone Country Code:** +32
- **Mobile Phone Networks:** Base, hey!, Mobile Vikings, Orange, Proximus, Scarlet, Telenet.
- **Currency:** EURO



# Host Region: Flanders

Flanders is a region of rich history, cultural heritage, and sporting excellence. As the host region of the European Running Championships 2025, Flanders offers the perfect setting for an unforgettable event. With its picturesque cities, charming landscapes, and world-renowned hospitality, the region seamlessly blends tradition and innovation.

At the heart of Flanders lies a passion for sports. From cycling and football to athletics and running, the region has a deep-rooted sporting culture. Flanders has hosted numerous international sporting events, including the 2021 UCI Road World Championships and the annual Ronde van Vlaanderen, attracting athletes and fans from all over the world. The region's extensive network of parks, forests, and scenic routes makes it a paradise for runners of all levels.

Beyond sports, Flanders is famous for its stunning architecture, lively cities like, Leuven, Brussels, Antwerp, Bruges, and Ghent, and its world-class gastronomy. Visitors can explore UNESCO-listed sites, enjoy the renowned Belgian beers.

As an institutional partner and proud host of the European Running Championships 2025, Flanders is ready to welcome participants and spectators.





# Host City: Brussels

Brussels, the “Heart of Europe”, has a lot to offer. There’s its centre, with the Grand Place’s Gothic town hall and imposing Saint Hubert galleries, home to the best chocolatiers in the country. There are luxurious shops, culturally diverse cultural offering areas, stately districts full of Art Nouveau architecture and green refuges such as Jubelpark. Explore the city’s culinary opulence in countless cafés and restaurants and the cultural opulence of over a hundred museums. Brussels is everything at once.

Brussels is also the capital of the Brussels-Capital Region, of Flanders and of the French Community of Belgium.

Whether you’re a spectator or a participant (or both): if you love sports, a visit to Brussels will definitely get your heart rate pumping. In addition to numerous sports clubs and facilities across the region, our capital city boasts a huge range of sporting events: from large, prestigious gatherings like the Brussels Diamond League Meeting or the European Cross-Country Championships to fun activities open to all levels of fitness.



# Host City: Leuven

Leuven, the historic and vibrant university city of Belgium, combines a rich heritage with a young and dynamic atmosphere. At the heart of the city lies the impressive Grand Place, featuring the Gothic Town Hall as its architectural highlight. Leuven is also home to KU Leuven, one of Europe's oldest and most prestigious universities, which contributes to its lively, international character and is celebrating its 600th birthday this year.

The city offers a mix of historical and modern attractions, such as the Oude Markt – known as 'the longest bar in the world' – and the innovative M Museum Leuven. Leuven is a paradise for beer lovers, hosting the world-famous Stella Artois brewery and numerous cozy bars serving craft beers. Additionally, green spaces like the Arenberg Park and the Botanical Garden provide perfect spots for relaxation.

Whether you are a visitor, participant, or spectator, Leuven breathes sports and movement. In addition to numerous sports facilities and clubs, the city hosts major annual events. Leuven was a proud host of the 2021 UCI Road World Championships, where hundreds of thousands of cycling fans watched the riders race through the historic streets, as well as the 2024 UCI Gravel World Championships a few months ago. The city's accessible layout and proximity to nature make Leuven the perfect location for a sporting event with a unique atmosphere.



# TRANSPORTATION

- Arriving in Belgium
- Arrival by plane
- Airport – hotel
- Arrival by train & road
- Entry visas
- Insurance
- Local transportation
- To the competition venue
- Departure



# Arriving in Belgium



## By Plane

The official airport is Brussels International Airport (BRU), where the LOC will provide adequate welcome services.

Upon arrival at Brussels Airport the teams will be met by the LOC at the Welcome Desk located in the arrivals area (after baggage reclaim).

Upon arrival teams will be escorted to the **trains and/or coaches** by LOC volunteers for transportation towards the team hotels.



# Local Transportation

## AIRPORT – HOTEL

### OPTION 1: BY TRAIN



Transportation schedules will be finalized based on the confirmed entries, which close on April 2.

The LOC will assign either Option 1 or Option 2 to each member federation.

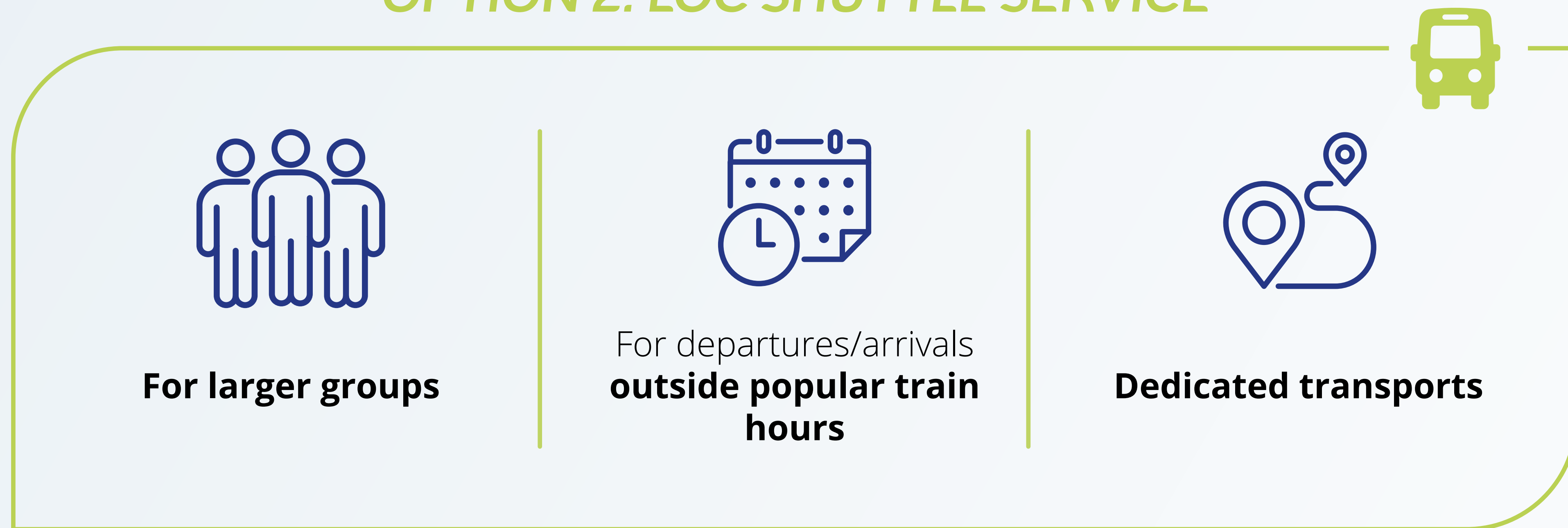
For sustainability reasons and because it is the fastest choice, Option 1 will be prioritized for most member federations.



# Local Transportation

## AIRPORT – HOTEL

### OPTION 2: LOC SHUTTLE SERVICE



Transportation schedules will be finalized based on the confirmed entries, which close on April 2.  
The LOC will assign either Option 1 or Option 2 to each member federation.  
For sustainability reasons and because it is the fastest choice, Option 1 will be prioritized for most member federations.



# Arriving in Belgium



## By Train

Teams arriving by train to Brussels-North Railway Station (Bruxelles-Nord) shall proceed to the main departure/arrival hall of the station, where representatives from the LOC will welcome them and guide them to the Team Hotel located approximately 5 minutes walk from the train station.



## By Road

Teams arriving by road are kindly asked to go directly to their hotel, where representatives from the LOC will welcome them.

- Parking (€) for cars is available underneath both team hotels.
- Coach “kiss and ride” zone is available in front of both team hotels. No parking for coaches available.



# Entry visas

## GETTING TO BELGIUM

### Visas

- The following countries require visas to enter Belgium: ARM, AZE, TUR
- The following countries' visa exemption applies only to holders of biometric passports: ALB, BIH, KOS, ISR, MKD, GEO, MDA, MNE, SRB, UKR.
- It is the federation's own responsibility to apply for visas at the embassies or consulates and to make sure that all documents required for the application are complete. Incomplete applications slow down the process and may lead to a visa not being issued on time.
- Participants who require a visa should contact the LOC to obtain a special invitation letter by sending an e-mail to [info@europeanrunningchampionships.com](mailto:info@europeanrunningchampionships.com) with the following information **by 1 February 2025:**
  - Full name (first name and family name as shown in passport)
  - Nationality
  - Date of Birth
  - Gender
  - Passport number and expiry date
  - Function in the Team (athlete or official)





# Insurance

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According to the Regulation 1713.9 the participating Member Federations are responsible for taking out their own insurance to cover the risk of illness or injury of any member of their team when travelling to and from the European Athletics event and during the event itself. Please take the necessary steps to fulfil these requirements well in advance.



# Transportation to venues

## **HOTEL – VENUES – HOTEL**

### **LOC Shuttle service**

- Transportation between the Team Hotels and the various venues, including official and social functions, will be guaranteed by the LOC shuttle service.
- Transfer times between the Team Hotels and the competition venue will be between 10 (Brussels) and 50 minutes (Leuven) depending on the traffic conditions.
- A detailed specific timetable will be posted on the notice boards at the information desk in the Team Hotels.



# Accessibility Transportation

Leuven → Brussels Airport

🚆 Train: 14 min 🚗 Car (shuttle): 26 min

Brussel → Brussels Airport

🚆 Train: 18 min 🚗 Car (shuttle): 18 min

Brussel → Leuven

🚆 Train: 22 min 🚗 Car (shuttle): 28 min

*It's all about proximity between the main event areas*



# Departure

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Volunteers will be in place for team departures to guide teams from the official hotel to their specific train at the Brussel-North railway station or to the departure of their bus. The frequency of this service will be based on the departure schedule, which will be posted at the Information Desk of each team hotel at least 24 hours before departure.

Teams will be asked to provide full travel details together with the final entries. Team leader will have to confirm departure details during the accreditation process. Any changes to the provided details shall be communicated to the LOC (Information Desk at the team hotel), at least 48 hours before departure.



# ACCREDITATION

- General
- Accreditation Centre
- Accreditation Procedure
- Access Areas for Teams and Special Passes



# General

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is **not transferable** and does not allow the holder to take another person beyond checkpoints.

A photo (passport type, jpeg format, max 500kb in size) is required for the accreditation. Photos must be uploaded online through the European Athletics Entry System. The upload function will be available during the final entries from 13 March 2025 to 2 April 2025. Any insufficient photo will be required to be re-taken on site during accreditation process.

Any lost or damaged accreditation cards should be reported to the Main Accreditation Center or TIC at the competition venue. Duplicate cards can be obtained where proof of identity can be established at a charge of 100 EUR.

**Unauthorised use of an accreditation card will result in the card being confiscated.**



# Accreditation centre

The Teams' Accreditation Centre will be located at one of the Official Team Hotels (Thon Hotel Brussels City Centre). This is where the Team Leader shall report as soon as possible after his arrival, in order to carry out the administrative procedures.

The opening dates and times of the Teams' Accreditation Centre will be as follows:

<b>Date</b> <b>10.04 - 13.04</b>	<b>Opening hours</b> <b>09:00 - 18:00</b>
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In case of arrival outside of the opening times, Team Leaders are kindly requested to report to the Teams' Accreditation centre on the next morning.



# Accreditation procedure

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Accreditation cards will be prepared in advance, based on the information provided by the Member Federation through the European Athletics Entry System. No changes will be accepted after the final entries deadline.

**The Team Leader will be asked to complete the following formalities before he/she can collect the accreditation cards for the whole team:**

- LOC accommodation invoice
- Uniform check
- Collection of competition related forms, information and bibs
- Confirmation of departure details





# Access areas for teams and special passes

All team accreditation cards will allow access to the team areas, warm-up area (pre-call room), TIC, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room, warm-up area (post-call room) and to the course. Furthermore, the accreditation can be used to access the Team shuttle buses.

The Head of Delegation from each team is invited to the European Athletics Club (VIP Hospitality area) and will be given the necessary access number on the accreditation card.

## **European Athletics shall provide special passes as required for the following zones:**

- Mixed zone (for access to athletes at the end of the mixed zone) – one per team.



# ACCOMMODATION

- Official hotels
- Accommodation, prices, deadlines and procedures
- Accommodation numbers
- Payment Procedures
- Rooming list
- Meals
- Services in the Team hotels
  - Information desks
  - Meeting rooms
  - Rooms for physiotherapy
  - Internet access
  - Check-in / check-out times



# We want to see all 49 Member Federations participating

The organiser shall cover full board accommodation (in twin rooms) for up to 6 athletes (one male and one female athlete in each of the respective elite races) and up to 2 team officials per Member Federation for up to 3 nights.

FFriday 11 April to Monday 14 April accommodation (3 nights)  
The Organiser covers the above-mentioned athletes and team officials.

The organiser shall cover travel costs in the amount up to 300 EUR for up to 6 athletes (one male and one female athlete in each of the respective elite races).

Not only accommodation but also subsidised travel is provided.  
All to make sure you are represented in each race and each gender.

# Official hotels

## TEAM HOTELS

### Thon Brussels City Centre

- Bolwerklaan 17, 1210 Sint-Joost-ten-Node
- Facilities:
  - Welcome desk
  - Accreditation centre (MAC & TAC)
    - Accreditation pick-up
    - Bib number pick-up
  - Physiotherapy rooms (massage)
  - Meeting rooms
  - Breakfast, lunch, dinner



# Official hotels

## TEAM HOTELS

### Thon Hotel EU

- Wetstraat 75, 1000 Brussels
- Facilities:
  - Welcome desk
  - Physiotherapy rooms (massage) in Thon City Center with transport provided by LOC
  - Meeting rooms (on demand)
  - Breakfast, lunch, dinner



# Official hotels



# Accommodation prices, Deadlines and Procedures

## Travel:

In addition to the accommodation, the organiser will cover travel costs of up to 300 EUR per athlete, to each Member Federation for 1 Male and 1 Female athlete in each of the races (Marathon, Half, 10 Km). No travel subsidy would be provided for team officials or remaining athletes not included in this quota, which would need to be covered by the Member Federation.

After the event, European Athletics and the LOC will be in contact with each federation requesting the travel ticket in order for the LOC to process the refund according to the travel subvention.

**This means that up to 6 athletes (1 male and 1 female in each of the races) from each Member Federation would be subsidised for travelling to Brussels-Leuven with up to 300 EUR, per athlete. This universal approach to pay accommodation and subsidise travel is to incentivise all the Member Federations to select and send their athletes to be represented in all the Championship races.**



# Accommodation prices, Deadlines and Procedures

For remaining athletes and team officials, as well as additional days, the following accommodation costs (per room) will be charged to the teams:

Team Members	Single room	Twin room
Free/Paid Full board Accommodation for up to 6 athletes and 2 team officials, Friday 11 April to Monday 14 April (3 nights)	(N/A)	covered by LOC
Accommodation cost	€ 195/night	€ 298/night

The official period (for which the LOC is covering free places quota athletes' accommodation) is from Friday 11 April 2025 (check-in date) to Monday 14 April 2025 (check-out date), 3 nights. Additional nights have been fixed as 2 nights before the official period (Wednesday and Thursday 9 and 10 April) based on availability. If your team is planning to stay outside this period, the above-mentioned rates will not apply, and a separate agreement will have to be made with the LOC (e-mail: [teamservices@europeanrunningchampionships.com](mailto:teamservices@europeanrunningchampionships.com)).

In the case of the maximum number of athletes (3 male and 3 female athletes) and officials (2), a maximum of 5 rooms will be given. 2 twin and 2 single rooms for the athletes and 1 twin room for the officials.





# Accommodation numbers

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European Athletics may reduce financial support (for travel, board/accommodation grants, etc.) to any European Athletics Member Federation which, after having announced their participation, does not take part or attend the competition with a number of athletes and officials materially higher or lower than the number stated in the Preliminary Entry by 20%. The latter applies only if the Preliminary Entry is more than 4 (four).

The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries.

**Note: The team Invoice will be based on the accommodation requests included in the final entries as well as any additional requirements indicated after the closing of the final entries.**



# Payment procedures

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Shortly after the closing of the final entries an invoice will be sent to each Federation detailing the amount they owe based on their final entries. Federations are kindly encouraged to make an advance payment of the outstanding amount by 7 April 2025. Advance payments should be made in Euros by bank transfer to the following account:

- Bank account name: Golazo Sports nv
- Bank reference: BNP Paribas Fortis
- Bank account number: 001-6299932-52
- Bank Address: Ridderportmanstraat 1, 3500 Hasselt
- Swift no: GEBABEBB
- IBAN: BE64 0016 2999 3252
- VAT: BE 0442.115.211

Please note, that the team leader is requested to provide the LOC with a proof of payment upon arrival at the Accreditation Centre, otherwise the balance of the payment must be paid on-site by the Team Leader. Payment on-site can be made by credit card (Mastercard & Visa) or by cash in Euros.



# Services in team hotel

## Information Desks

An Information Desk will be located in the lobby of each team hotel with qualified personnel offering relevant information about all aspects of the European Running Championships in Brussels and Leuven. The Information Desks' opening hours will be as follows:

<i>Date</i>	<i>Opening hours</i>
<b>10.04 - 13.04</b>	<b>09:00 - 18:00</b>
<b>14.04</b>	<b>09:00 - 14:00</b>

## Meeting Rooms

Rooms for meeting opportunities are available at all team hotels. Reservation shall be required via the Information Desk at a reasonable time in advance.

To ensure that all teams have access to the meeting room, usage may be limited.

Teams requiring any additional service may make separate arrangements through the information desk. There is also the possibility to reserve office/meeting rooms for Teams, with exclusive right for the whole duration of the Championships. Please contact: [teamservices@europeanrunningchampionships.com](mailto:teamservices@europeanrunningchampionships.com).



# Services in team hotel

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## **Rooms for Physiotherapy**

Dedicated rooms for physiotherapy will be provided for the teams with medical staff to set-up their own massage beds. There will also be LOC physiotherapy services offered to those teams that do not have their own medical staff (see Medical/Physiotherapy services).

## **Internet access**

Free internet access will be provided at the Team Hotel.

## **Check-in / check-out times**

Check-in after 14:00 and check-out by 11:00.

For late check-out, please contact the LOC via [teamservices@europeanrunningchampionships.com](mailto:teamservices@europeanrunningchampionships.com) for specific arrangements outside these times.



# TECHNICAL INFORMATION

- Communication with Teams
  - Technical Information Centre (TIC)
  - Technical briefing
  - Team Leaders' WhatsApp group
- Race day overview
- The course
- Feeding zones
- Team tents zone
- Entry Conditions
- "I Run Clean" Certification
- Entry Procedures



# Communication with the teams: technical information centre (TIC)

The TIC is located at the competition venue near the team tents zone. (see page 73 and 74 for details plan).

The main function of the centre is to ensure a smooth liaison between each Team Delegation, the Local Organising Committee, European Athletics Technical Delegate and the Competition Management of the Championships regarding technical matters.

The TIC will be open according to the following schedule:

<i><b>Date</b></i>	<i><b>Opening hours</b></i>
<b>12.04 Leuven</b>	<b>08:00 -13:00</b>
<b>13.04 Leuven</b>	<b>08:00 - 15:00</b>
<b>13.04 Brussels</b>	<b>08:00 - 11:00</b>

The TIC is responsible for, but not limited to, the following:

- Display on the relevant notice board of official communications to the teams, including start lists, results and Call Room reporting times
- Distribution of urgent notices to the delegations from the Technical Delegate and competition management
- Receipt of written questions to be answered during the Technical Briefing
- Settlement of technical enquiries from delegations
- Receipt of withdrawal forms
- Managing additional doping control requests
- Protests and written appeals



# Communication with the teams: technical information centre (TIC)

The distribution of competition related information and important notices of general interest (e.g. changes to the timetable) at the TIC will NOT be systematically made through printouts in the Team pigeonholes but will be displayed on the notice boards. It will still be possible to request occasional copies of specific event start lists and / or results at the TIC.

All competition related information will be also sent by emails to the team leaders to the email addresses communicated in the final entries. Any relevant additional email addresses can be communicated to the TIC ([TIC@europeanrunningchampionchips.com](mailto:TIC@europeanrunningchampionchips.com)) prior to the start of the Championships. When the Team Leaders are collecting the team accreditation cards and bibs they will be asked to confirm the e-mail addresses.

Individual communications to specific teams will be done through WhatsApp..

## **Online Confirmation Tool - Virtual TIC**

Team Leaders will also be provided with an individual and personalised access to European Athletics Online Confirmation Tool (OCT), where they will be able to

- make their final confirmations,
- download information posted by the LOC / European Athletics (technical information, start box distribution, call room schedule ...)
- fill-in competition forms (question for Technical Briefing, technical enquiries to TIC, withdrawal forms...)

The platform will be accessible at a link to be communicated to the Teams at a later stage, together with a detailed user manual.



# Communication with the teams: technical briefing

There will be a technical briefing organised at the Thon City Centre Hotel on Friday 11 April at 4:00 pm. The Technical Briefing will be held in English.

It is very important that all teams are represented at the Technical Briefing.

Please refer to the Information Desk in the Team Hotel for detailed information.

The Technical Briefing will provide updates and information which is not already mentioned in this team manual and will include:

- Timetable amendments (if any)
- Start procedures
- Answers to written questions

Any enquiries concerning the technical conduct of the Championships must be made in writing (in English). These questions will be answered at the Technical Briefing. The forms on which the questions must be written shall be returned to the TIC or filled-in online on the OCT, no later than Thursday 10 April at 18:00.

In order for the team leaders to inspect the routes, a link to the detailed course map can be found through the buttons on the side.

We are not providing a course inspection tour but are providing a mymaps for everyone who would like to explore the course themselves.

**10K**

[CLICK HERE TO SEE THE COURSE IN DETAIL VIA MYMAPS](#)

**HALF MARATHON**

[CLICK HERE TO SEE THE COURSE IN DETAIL VIA MYMAPS](#)

**MARATHON**

[CLICK HERE TO SEE THE COURSE IN DETAIL VIA MYMAPS](#)





# *Communication with the teams: team leaders WhatsApp group*

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A WhatsApp group including all member federations' team leaders will be created on site, in order to offer an additional platform to address instant messages and announcements. Major information of interest for all will be communicated to the teams by the TIC/European Athletics via this group.



# Race day - half marathon (Saturday logistics)

**START: LEUVEN - FINISH: LEUVEN**

## Transport:

Hotel



Venue



Hotel

## Arrival @ Start area Leuven:

90 minutes before start.

## Elite services:

- Dedicated elite team tents by country, based on team size
- Elite Call Room
- Elite physiotherapy services
- Two separated warm-up area's:
  - pre-call room warm-up area
  - post-call room warm-up area
- Mixed Zone
- Medical services



# Proposing a unique course

## Half Marathon

- Leuven – Leuven.
- Showcasing Leuven at its best.
- Linking the historic and modern city districts.
- Combining the same unique city loop of 10K through the historic heart of Leuven as the marathon course with fast and flat sections through the new part of the city and alongside several new booming cultural hotspots.

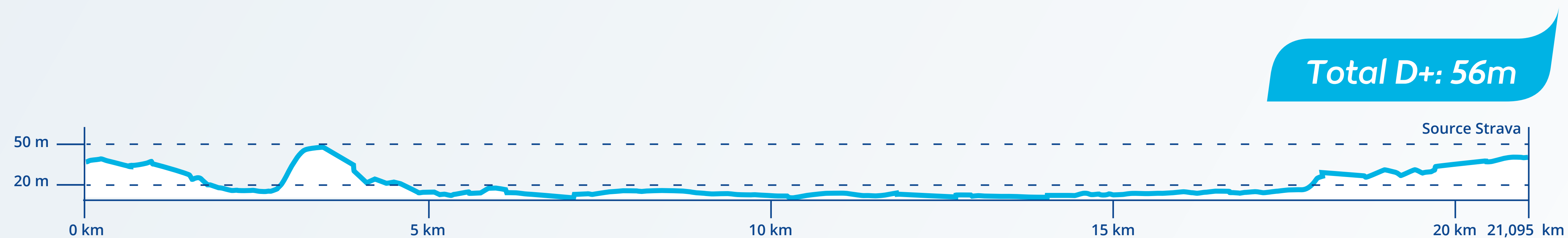
### HALF MARATHON

[CLICK HERE TO SEE THE COURSE IN DETAIL VIA MYMAPS](#)




















# Course Profiles


## HALF MARATHON



# Feeding zones: half marathon

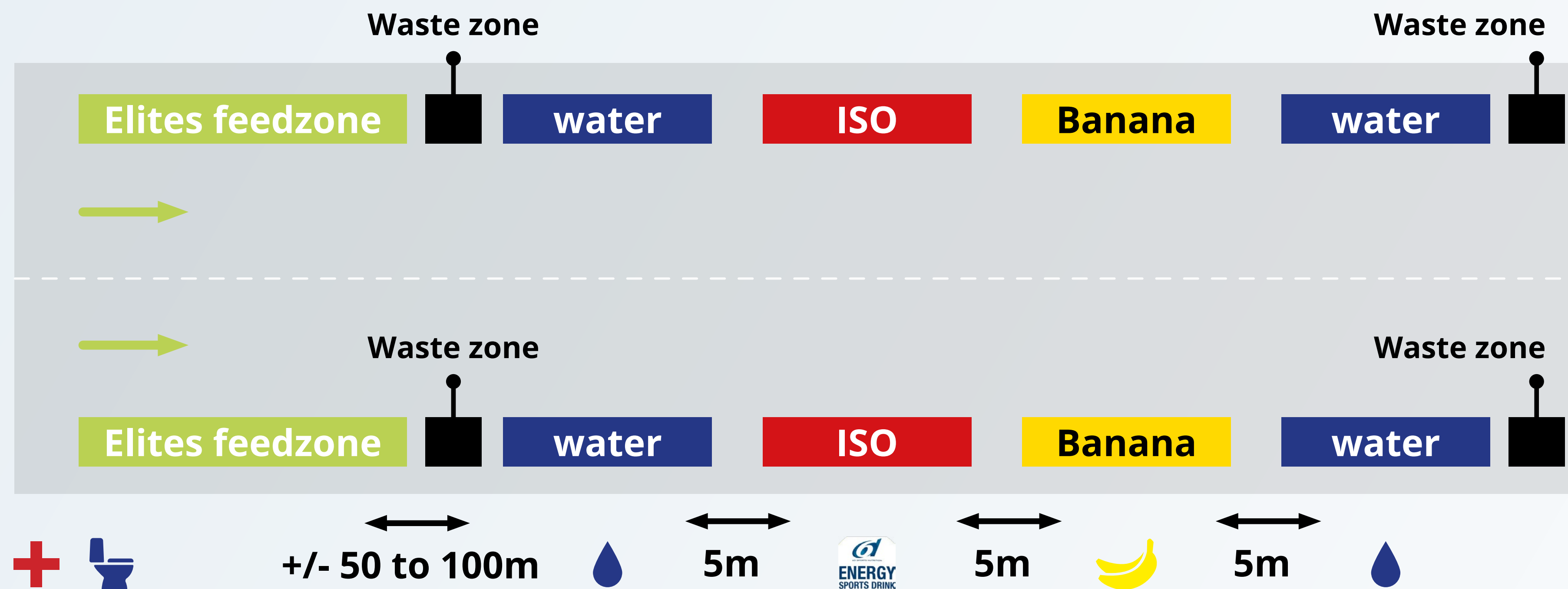
#	KM	↔	Products
1	5		   
2	9	4	   
3	14,4	5,4	    
4	19	4,6	   



- \* Personal drinks for national team athletes  : every 5km (station 1 – 2 – 3 – 4).  
In addition the regular refreshment stations, as displayed at this slide, are available to all the runners.  
Athletes must not receive or collect refreshment or water from a place other than the official stations during the race, except where provided for medical reasons by authorised medical staff, as per the WA Technical Rule 55.8.8.



# General overview feeding zone



At the beginning of each feeding zone, tables will be placed for the personal drinks of the national team athletes (see next slide). 50 to 100 meter after this elite feeding zone, the mass participation feeding zone will start. At all feeding zones, except for 1, tables will be placed on both sides of the road. For one exception, tables will only be placed on the left side of the road.

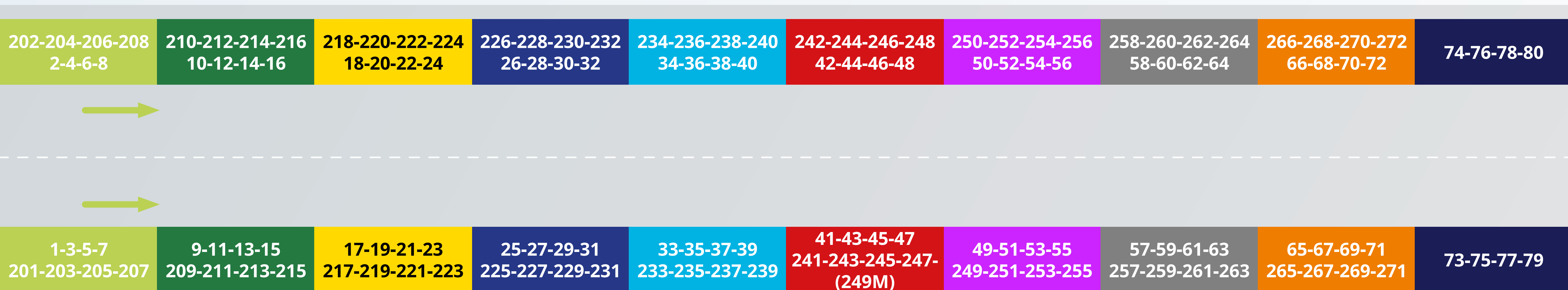
No coaches or member federations are allowed in the feeding zones. Athletes must take their own bottle from the designated table that have been picked up the day before their race (see next slide).

All personal drinks and other products shall be thrown away in the waste zones.

National team athletes (personal drinks)  
 Marathon : station 1 - 2 - 3 - 4 - 5 - 7 - 9 - 11  
 Half : station 1 - 2 - 3 - 4  
 10km : no personal drinks



# Half-marathon: elite feeding zone set-up



The tables are covered with different colored tablecloths and are arranged based on starting numbers, not by country. Exact color for each table to be provided at the technical briefing. For example, if country X has three athletes (men and women) in the marathon with starting numbers 12, 229, and 42, they will collect their personal drinks from different tables: the dark green table on the left, the dark blue table on the right, and the red table on the left, respectively.

8 personal drink per table (4 men + 4 women)

Men - 1st row- ranges 1-... / Women - 2nd row - ranges 201 - ....



# Half-marathon: elite feeding zone set-up

## Personal drinks\* drop-off at hotel

1 drop-off point is set up at the Thon City Centre hotel for each distance. The personal drinks will be collected the day before the race between 8 pm and 10 pm. Stickers matching the bib number of each athlete (and corresponding colour of the tablecloths) of the stand where the athlete can collect his personal drink during the race will be put on his/her bottles.

## Race day

All personal drinks will be brought from the hotel to the specific feeding zone. Every personal drink will then be placed at the specific-coloured table at the right spot of each race number. This will be similar for each feeding zone on both sides of the road, except for 1 feeding zone where all drinks will be on the left side. In this exception, colours of the table will remain the same.

\*Athletes shall bring their own bottles for their personal drinks at the refreshment stations. A limited amount of bottles will be provided by the LOC at the Thon City Centre Hotel.





# Race day - 10k (Sunday logistics)

**START: LEUVEN - FINISH: LEUVEN**

## Transport:

Hotel



Venue



Hotel

## Arrival @ Start area Leuven:

90 minutes before start.

## Elite services:

- Dedicated elite team tents by country, based on team size
- Elite Call Room
- Elite physiotherapy services
- Two separated warm-up area's:
  - pre-call room warm-up area
  - post-call room warm-up area
- Mixed Zone
- Medical services
- Afterparty



# Proposing a unique course

## 10K

- Leuven – Leuven.
- Using the same unique city loop of 10K through the historic heart of Leuven as the marathon course.
- Easy and accessible course to runners of all abilities.

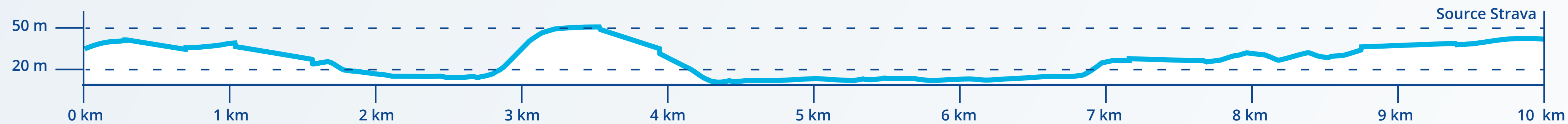
**10K**

[CLICK HERE TO SEE THE COURSE IN DETAIL VIA MYMAPS](#)












# Course Profiles

## 10K



# Feeding zones: 10K

#	KM	↔	Products
1	3,7		  
2	5,8	2,1	   
3	7,9	2,1	  



\* No personal drinks for national team athletes will be provided however regular refreshment stations, as displayed at this slide, are available to all the runners. Athletes must not receive or collect refreshment or water from a place other than the official stations during the race, except where provided for medical reasons by authorised medical staff, as per the WA Technical Rule 55.8.8.




# Race day – Marathon logistics

## START: BRUSSELS - FINISH: LEUVEN

### Transport:


#### Hotel

 (Athletes/Coaches/Staff)

**Start venue Brussels**

 (Coaches/Staff)

**Finish venue Leuven**

 (Athletes/Coaches/Staff)

#### Hotel

### Elite services START VENUE (Brussels)

- Dedicated elite team tents by country, based on team size
- Elite Call Room
- Elite physiotherapy services
- Two separated warm-up area's:
  - pre-call room warm-up area
  - post-call room warm-up area
- Transport of clothing: Brussels -> Leuven

### Elite services FINISH VENUE (Leuven)

- Mixed Zone
- Medical Services
- Dedicated elite team tents by country
- Afterparty



# Marathon

## BRUSSELS



Royal Palace of Brussels



Cinquantenaire Park

**START**



European Institutions

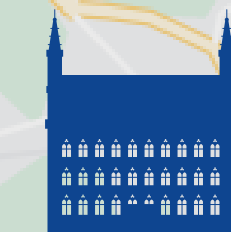


Royal Museum Of Central Africa



Africa Palace

TERVUREN PARK



Leuven Town Hall



Stella Artois HQ



Central Station



University Library

## LEUVEN

**FINISH**



Imec Tower

**MARATHON**  
CLICK HERE TO SEE THE COURSE IN DETAIL VIA MYMAPS

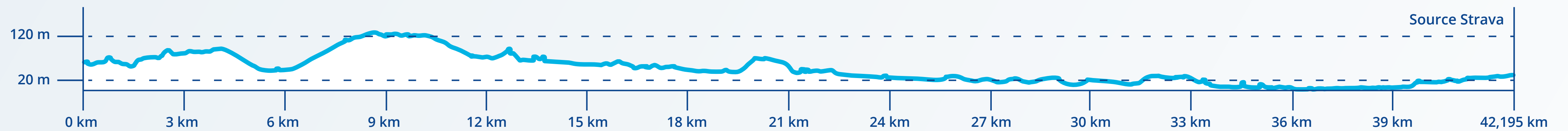
Total D+: 264m



# Course Profiles














































## MARATHON

Total D+: 264m



# Feeding zones: marathon

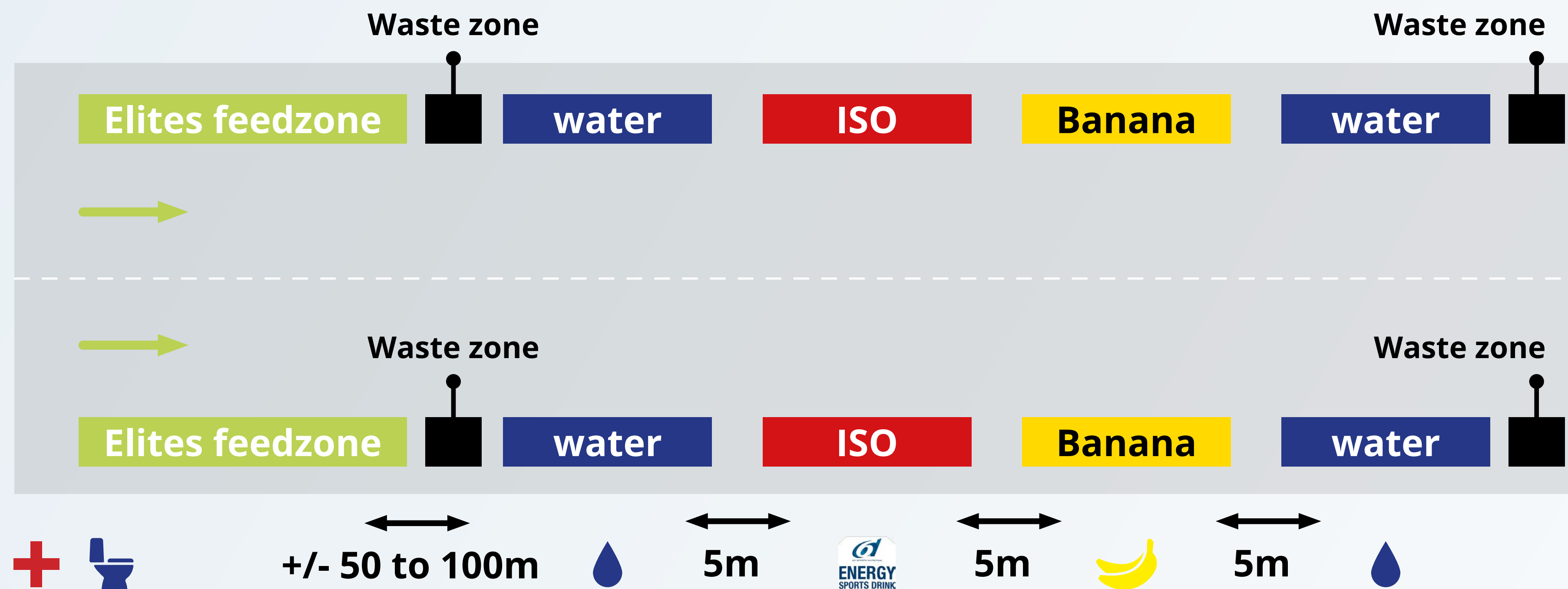
\* Personal drink for national team athletes: every 5km (station 1 – 2 – 3 – 4 – 5 – 7 – 9 – 11). In addition the regular refreshment stations, as displayed at this slide, are available to all the runners.  
Athletes must not receive or collect refreshment or water from a place other than the official stations during the race, except where provided for medical reasons by authorised medical staff, as per the WA Technical Rule 55.8.8.

#	KM	↔	Products
<b>1</b>	5		   
<b>2</b>	10,5	5,5	   
<b>3</b>	15	4,5	   
<b>4</b>	20	5	   
<b>5</b>	25,4	5,4	    
<b>6</b>	28,3	3,2	  
<b>7</b>	30,8	2,2	    
<b>8</b>	33,4	2,6	   
<b>9</b>	35,7	2,3	   
<b>10</b>	38,1	2,4	   
<b>11</b>	40,2	2,1	   





# General overview feeding zone



At the beginning of each feeding zone, tables will be placed for the personal drinks of the national team athletes (see next slide). 50 to 100 meter after this elite feeding zone, the mass participation feeding zone will start. At all feeding zones, except for 1, tables will be placed on both sides of the road. For one exception, tables will only be placed on the left side of the road.

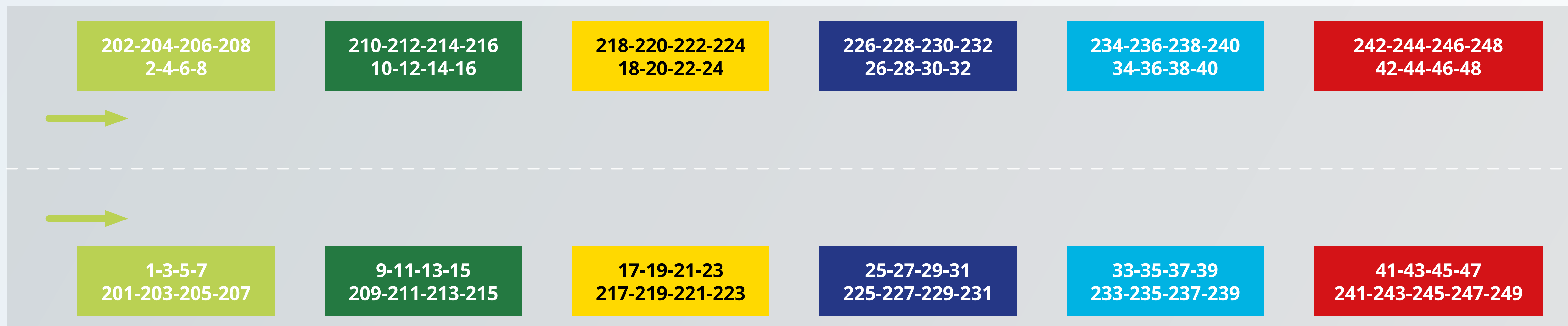
No coaches or member federations are allowed in the feeding zones. Athletes must take their own bottle from the designated table that have been picked up the day before their race (see next slide).

All personal drinks and other products shall be thrown away in the waste zones.

National team athletes (personal drinks)  
 Marathon : station 1 – 2 – 3 – 4 – 5 – 7 – 9 – 11  
 Half : station 1 – 2 – 3 – 4  
 10km : no personal drinks



# Marathon: elite feeding zone set-up



The tables are covered with different colored tablecloths and are arranged based on starting numbers, not by country. The exact color of each table to be provided at the technical briefing. For example, if country X has three athletes (men and women) in the marathon with starting numbers 12, 229, and 42, they will collect their personal drinks from different tables: the dark green table on the left, the dark blue table on the right, and the red table on the left, respectively.

8 personal drink per table (4 men + 4 women)

Men - 1st row- ranges 1-... / Women - 2nd row - ranges 201 - ....



# Marathon: elite feeding zone set-up

## Personal drinks\* drop-off at hotel

1 drop-off point is set up at the Thon City Centre hotel for each distance. The personal drinks will be collected the day before the race between 8 pm and 10 pm. Stickers matching the bib number of each athlete (and corresponding colour of the tablecloths) of the stand where the athlete can collect his personal drink during the race will be put on his/her bottles.

## Race day

All personal drinks will be brought from the hotel to the specific feeding zone. Every personal drink will then be placed at the specific-coloured table at the right spot of each race number. This will be similar for each feeding zone on both sides of the road, except for 1 feeding zone where all drinks will be on the left side. In this exception, colours of the table will remain the same.

\*Athletes shall bring their own bottles for their personal drinks at the refreshment stations. A limited amount of bottles will be provided by the LOC at the Thon City Centre Hotel.



# Team tents zone

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Team boxes within the team tents zone will be assigned to the participating teams according to the number of athletes registered in the final entries. The distribution of the team boxes will be confirmed and communicated shortly after the final entries.



# Entry conditions

## Qualification System

There are no Entry Standards or qualification requirements set by European Athletics for the first edition of the European Running Championships.

## Individual entries

Each European Athletics Member Federation may enter a maximum of 8 (eight) athletes in each event, of which a maximum of 6 (six) may participate.

## Team entries

Each European Athletics Member Federation entering a team in any event shall take part with no fewer than 3 (three) athletes, per gender.



# Entry conditions

## Age Limits

Athletes may participate in accordance with the following age restrictions:

Only athletes aged at least 20 (twenty) years on 31 December of the year of the competition may participate in the Marathon and Half Marathon (Men and Women).

Only athletes aged at least 18 (eighteen) years on 31 December of the year of the competition may participate in the 10km (Men and Women).

## Marathon Race Course

All the race courses are measured by A Grade World Athletics measurer, making them fully compliant to the World Athletics Competition Regulations.

However, the Marathon course, start to finish, being point to point course with a separation of more than 50% of its distance, is not eligible for the World Record (World Athletics Competition Rule 31.21.2) and European Record.

For clarity, all the results and qualification standards achieved are certified and eligible, but not the World and European Marathon Record.



# “I Run Clean” Certification

Each European Athletics Member Federation may enter only those athletes who have received and hold a valid certification for having completed European Athletics Anti-Doping Education Programme – I Run Clean.



# Entry procedures

Entries shall be made through the European Athletics Entry System, each link has been sent to the entry manager. Member Federations' entries manager shall use their already known individual and personalised access.

## Final Entries

Final entries indicating the names and individual logistical information (detailed travel arrangements, accommodation request and rooming list) of the competitors and of the officials must be received not later than 10 (ten) days before the first competition day. According to the regulations the deadlines for the final entries are:

- Opening of the final entries: 12 March 2025
- Closing of the final entries: 2 April 2025 14:00 CET

Detailed travel and rooming list information will have to be registered for each athlete and official during the final entries process.





# Entry procedures

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## Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition no later than 10:00 on 11 April, for all distances. Confirmation of athletes will not be accepted after the above deadline.

Final confirmations will have to be made online, via European Athletics OCT, which will be accessible at a link to be communicated to the Teams following the final entries.

## Withdrawals

Withdrawals after final confirmation, have to be submitted, on the official Withdrawal Form, to the TIC.



# COMPETITION PROCEDURE

- Training venues and times
- Competition schedule Saturday: Half Marathon
- Competition schedule Sunday: 10K & Marathon
- Competition bibs and chip transponders
- Bibs collection, racing kit & shoes compliance
- Call Room
- Specific Event Procedures
  - Start procedure: Brussels (Marathon)
  - Start procedure: Leuven (10K & Half-Marathon)
  - False start
- Timing & Measurement
- Scoring
- Ties
- Post Competition Procedures
- Protests and Appeals



# TRAINING VENUES & TIMING

## Official training venue and guided training times

### Guided training times

#### FRIDAY GENERAL

09:00 – 11:00 Training @ Warandepark (Brussels)

15:00 – 17:00 Training @ Warandepark (Brussels)

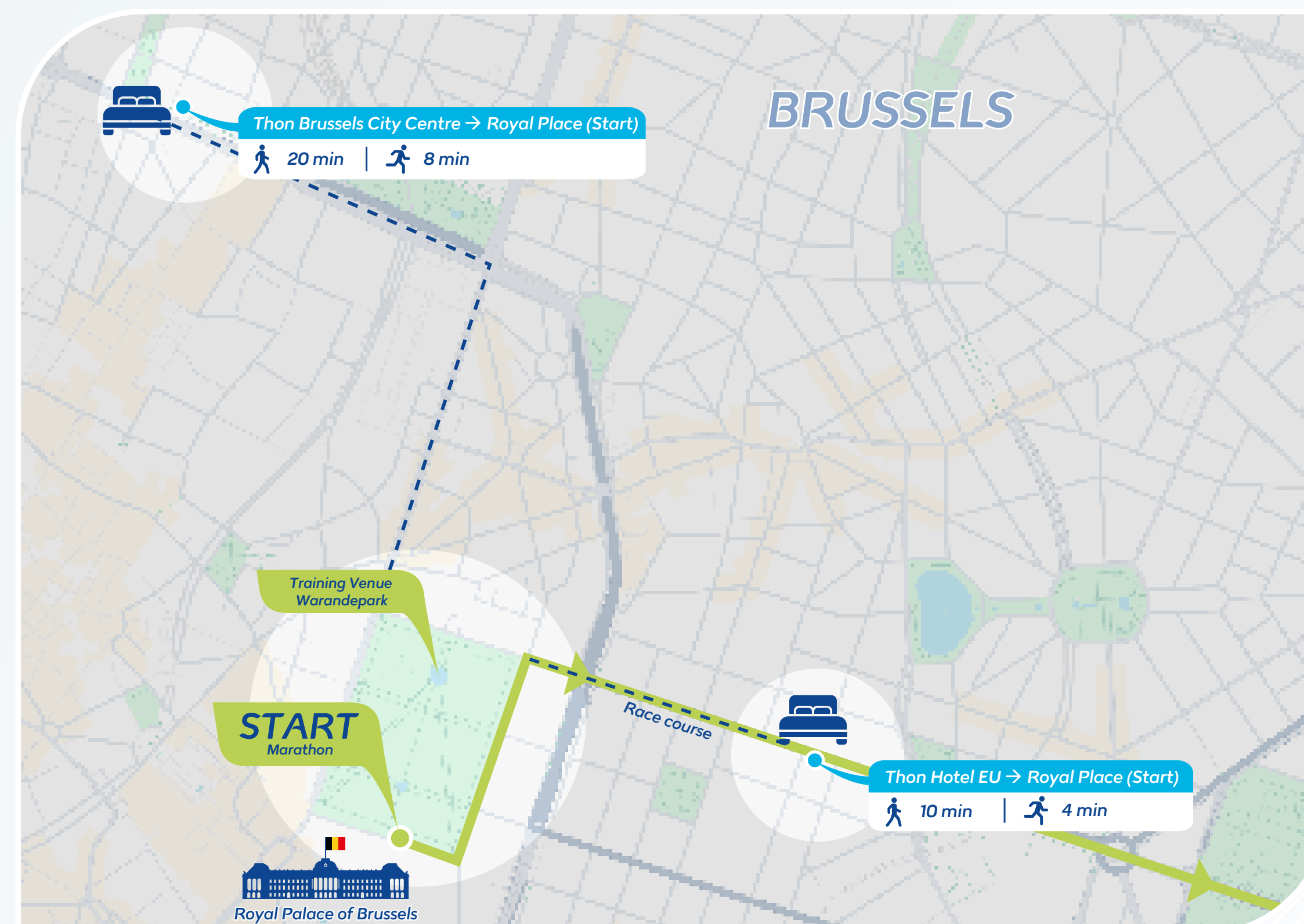
#### SATURDAY GENERAL

09:00 – 11:00 Training @ Warandepark (Brussels)

15:00 – 17:00 Training @ Warandepark (Brussels)

From Thon City Center, a volunteer will guide athletes to the official training venue at the Warandepark.

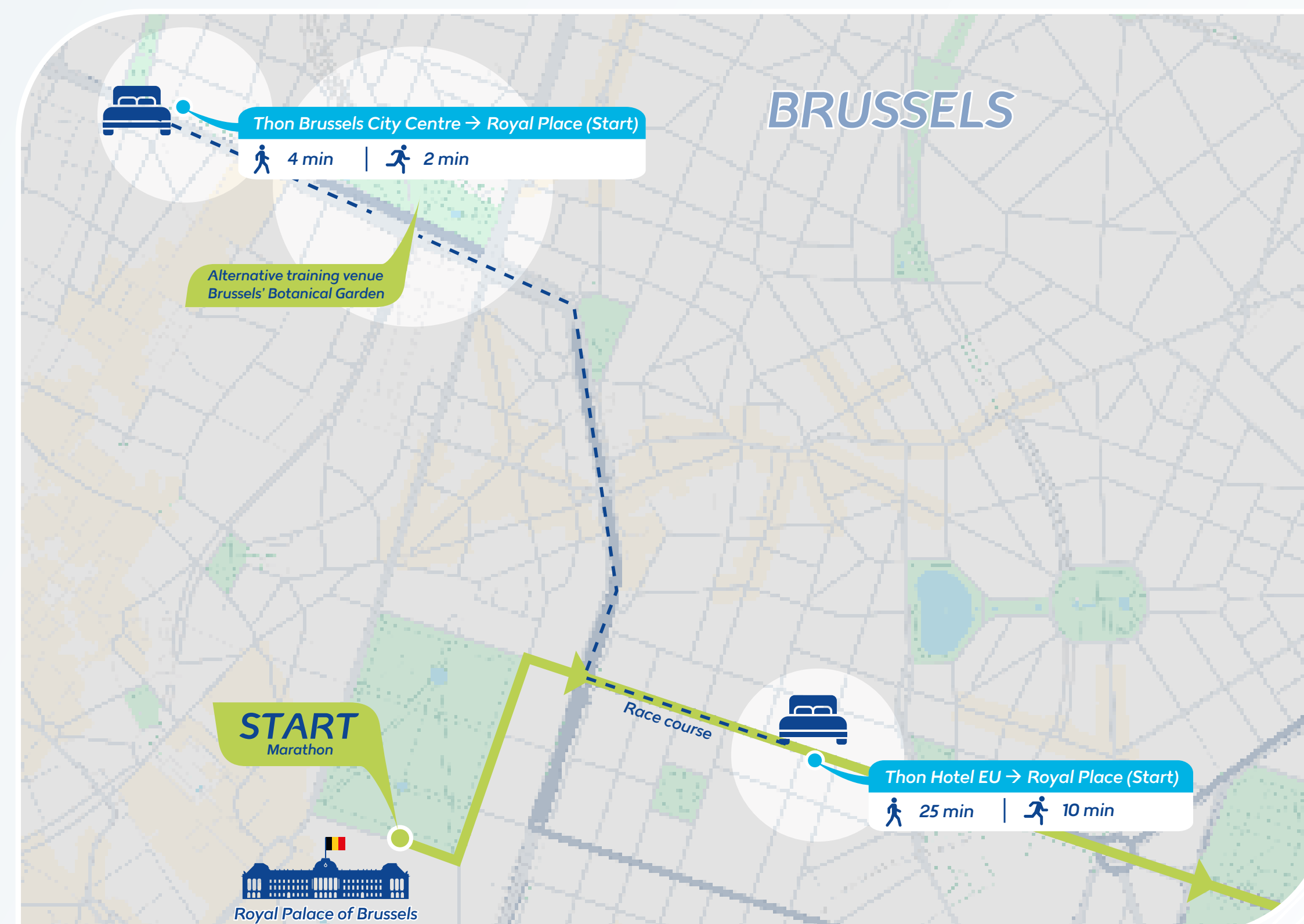
Warandepark is open 24 hours a day, if you would like to train outside of the guided training hours.



# TRAINING VENUES & TIMING

## Alternative training venue (not guided)

The Botanical Garden is open every day from 08:30 until 18:15



# COMPETITION SCHEDULE

## Half Marathon

### **SATURDAY HALF MARATHON**

07:15 – 07:30 Departures @ Team Hotels

08:30 Arrival athletes @ Event venue Leuven

08:30 - 09:15 Pick up of chip transponder

09:15 Call room opening

09:45 Call room closing

10:00 Start European Half Marathon Championships

11:00 First male finisher

11:05 First female finisher

11:45 Medal Ceremony European Half Marathon Championships Men Individual

11:50 Medal Ceremony European Half Marathon Championships Women Individual

12:01 Medal Ceremony European Half Marathon Championships Men Team

12:08 Medal Ceremony European Half Marathon Championships Women Team



# COMPETITION SCHEDULE 10K

## SUNDAY

07:00	Departures @ Team Hotels
08:00	Arrival athletes @ Event venue Leuven
08:00 - 08:45	Pick up of chip transponder
08:45	Call room opening
09:15	Call room closing
09:30	Start European 10K Championships
09:58	First male finisher
10:02	First female finisher
10:50	Medal Ceremony European 10K Championships Men Individual
10:55	Medal Ceremony European 10K Championships Men Team
11:02	Medal Ceremony European 10K Championships Women Individual
11:07	Medal Ceremony European 10K Championships Women Team



# COMPETITION SCHEDULE *Marathon*

## SUNDAY

08:15 – 08:30	Departures @ Team Hotels
08:45	Arrival athletes @ Event venue Brussels
08:45 - 09:30	Pick up of chip transponder
09:30	Call room opening
10:00	Call room closing
10:15	Start European Marathon Championships
12:25	First male finisher
12:43	First female finisher
13:15	Medal Ceremony European Marathon Championships Men Individual
13:20	Medal Ceremony European Marathon Championships Men Team
13:30	Medal Ceremony European Marathon Championships Women Individual
13:35	Medal Ceremony European Marathon Championships Women Team



# Competition bibs and chip transponders

## Competition Bibs

Each competitor will receive 3 bibs: 2 name bibs (big name, small number) and 1 number bib (big number, small name). The name bibs have to be put as follows: one on the front of the race singlet, one on the bag. The number bib will have to be worn on the back of the singlet.

Bibs must not be cut, folded or covered in any way.

## Bib collection

Bib collection will be upon arrivals and accreditation pickup (Team Leader's responsibility for all the athletes).

## Chip Transponders

A chip transponder to be put on one of the shoes will be handed personally to the athletes in front of the TIC on the arrival at the competition venue. Athletes must ensure the proper placement of the transponder.

When exiting the Call Room, it is the responsibility of each athlete to check that her/his name appears on the control screen when they walk over the transponder mat.

Athletes must ensure the proper return of the chip transponder after the race: transponders have to be handed out immediately after the Mixed Zone, at the transponder collection area.





# Bib collection, Racing kit and shoes compliance

**BIB COLLECTION WILL BE UPON ARRIVALS AND  
ACCREDITATION PICKUP (TEAM LEADER'S RESPONSIBILITY)**

**RACING KIT, LINK TO WORLD ATHLETICS RULES:**

**MARKETING AND  
ADVERTISING REGULATIONS**

**SHOES COMPLIANCE, LINK TO LIST OF APPROVED SHOES:**

**SHOE CHECKER**



# Call room

The Call Room is located next to the Team Tents Zone.  
Access will be allowed to athletes only and according to the following reporting times:

	Report Call Room	Call Room closes
<b>HALF MARATHON</b>	09:15	09:45
<b>10K</b>	08:45	09:15
<b>MARATHON</b>	09:30	10:00

It is the responsibility of the team officials to ensure that their athletes are aware of the last check-in times for entry to the Call Room. Athletes arriving late may be excluded from participation in the event.

In the Call Room the judges will check the following in accordance with World Athletics Rules:

- Competition Bibs
- Shoes
- Uniforms
- Any other kind of advertising

Athletes will leave the Call Room ready to compete (in competition clothing only) unless weather conditions require otherwise. Changes to this procedure will be confirmed by the Technical Delegate during the Technical Briefing.

On leaving the call room, athletes will be directed into the start area (with post-call room warm-up area) to prepare for the race. A warning signal will be given 5 minutes, 3 minutes and 1 minute before the start of the race.

The clothing items left in the Call Room will be brought to the teams' respective box in the Team Tent area.



# Start procedure

Taking into account the space and equal conditions available at start line and first straight, the start procedures detailed in the competition regulations will be adjusted and executed as follows.

After leaving the call room, athletes will have the chance to do some last strides in the start area (with post-call room warm-up area) and will be called back to the pre-start line by competition officials approximately 5 minutes before the start.

Selected top male and female athletes (5 athletes per gender) – to be confirmed and declared after the final entries – will be presented and will have the first option to select a starting position on the start line.

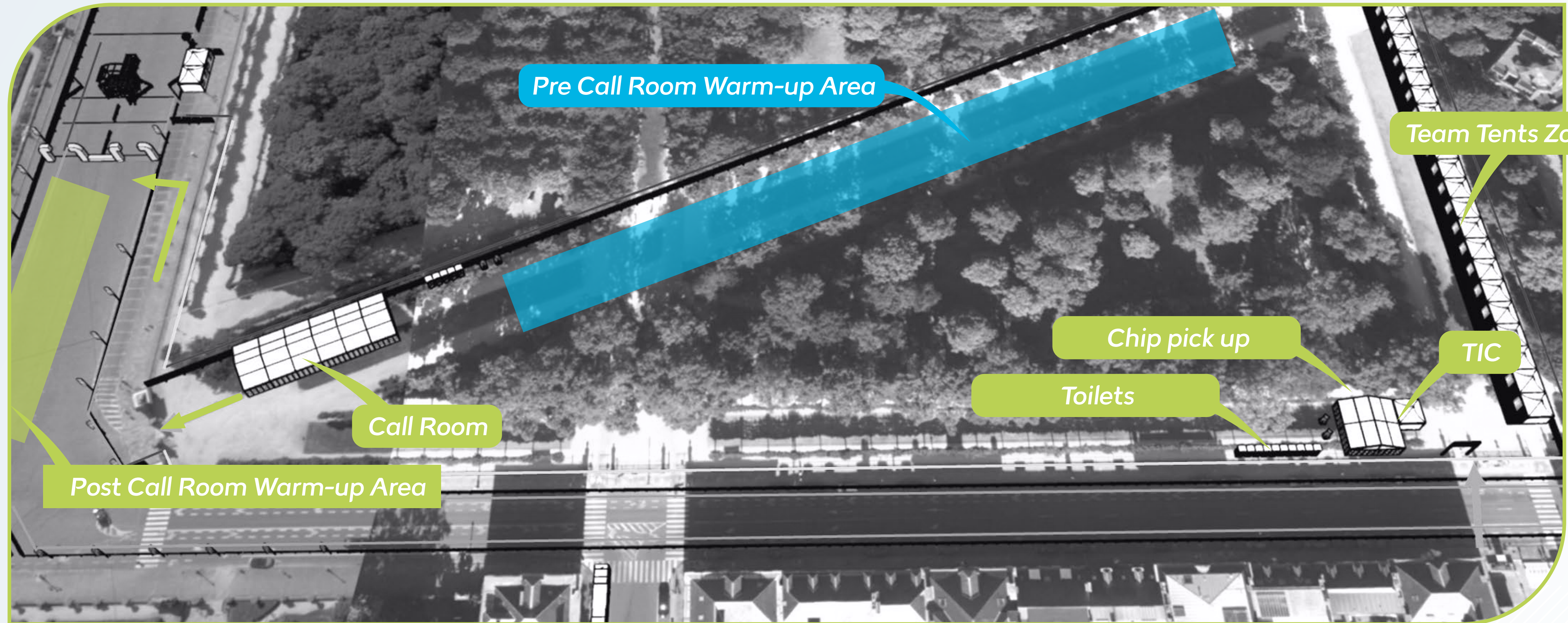
Once all the top athletes are presented and have positioned themselves on the start line, the remaining athletes can advance from the pre-start line to the actual start line and select the position they prefer.

Note: no positions will be allocated to athletes or teams.

Further information about the start procedures will be confirmed and presented during the technical briefing.

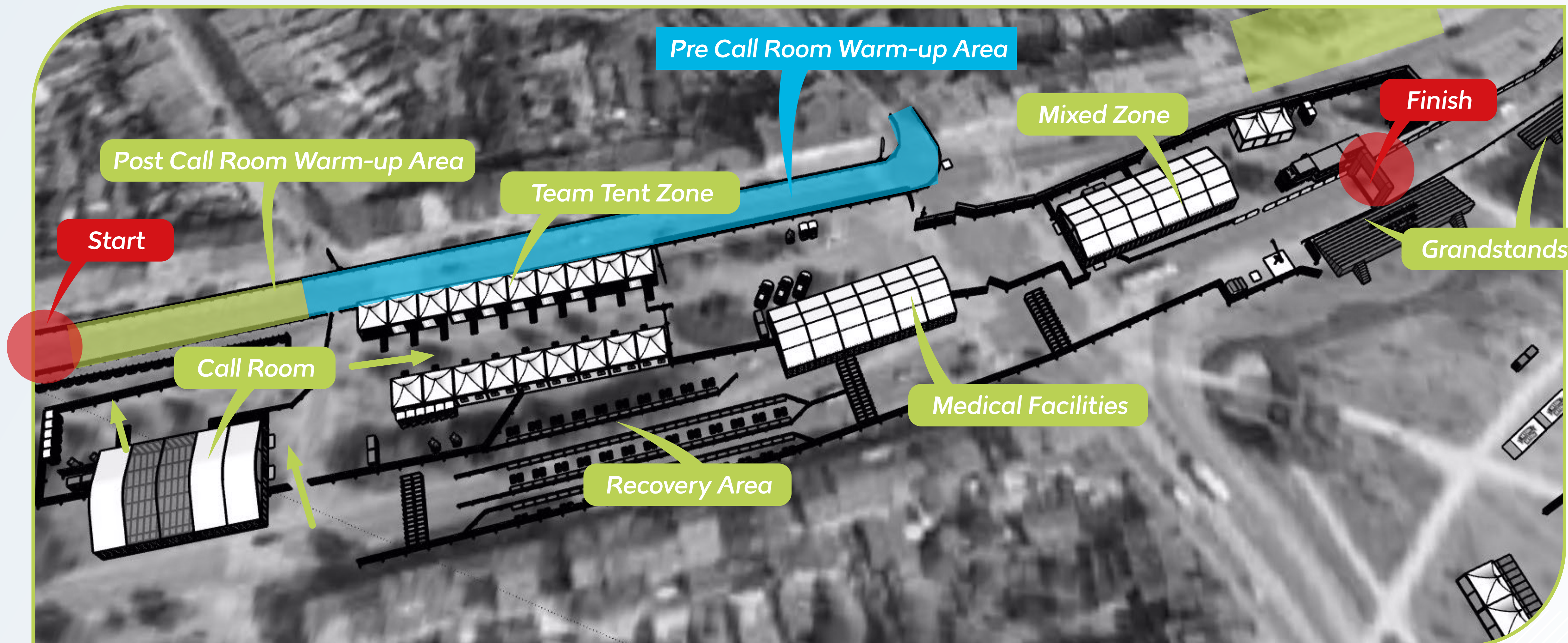


# Competition venue – Brussels

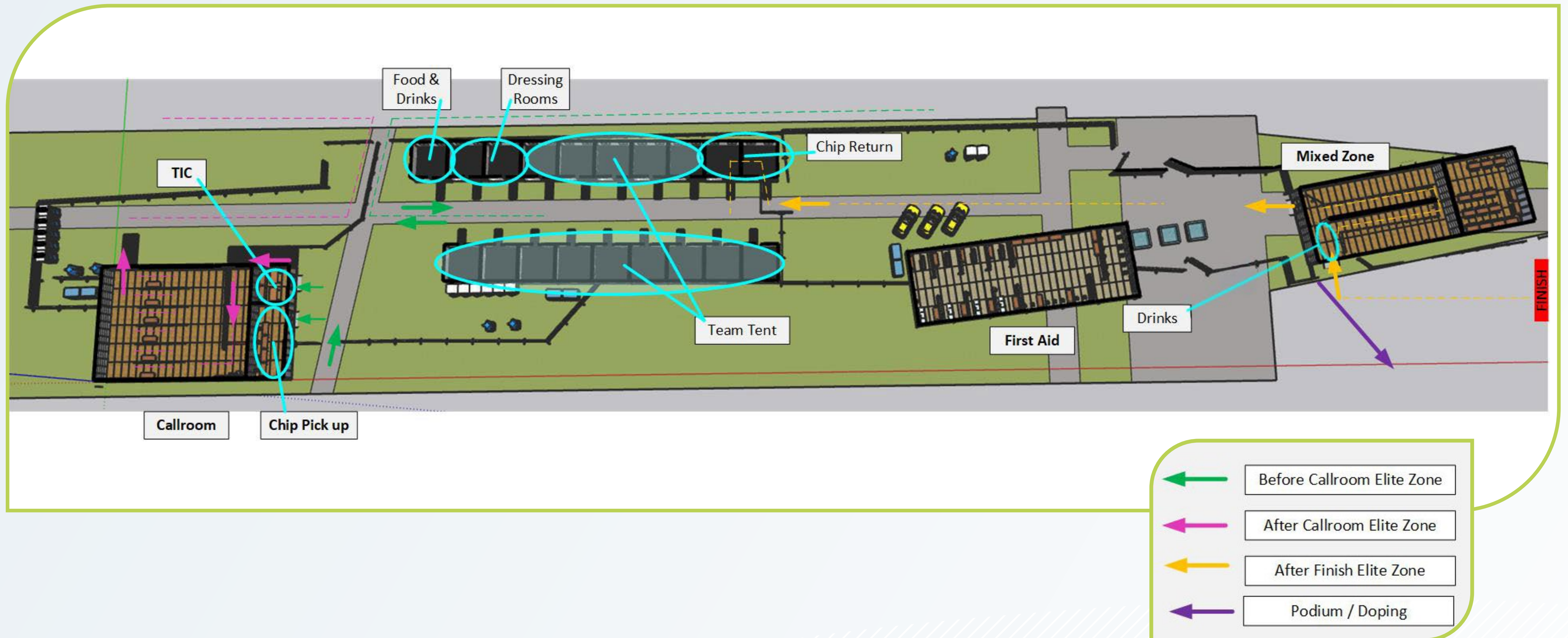


# Competition venue – Leuven

Spectator Area

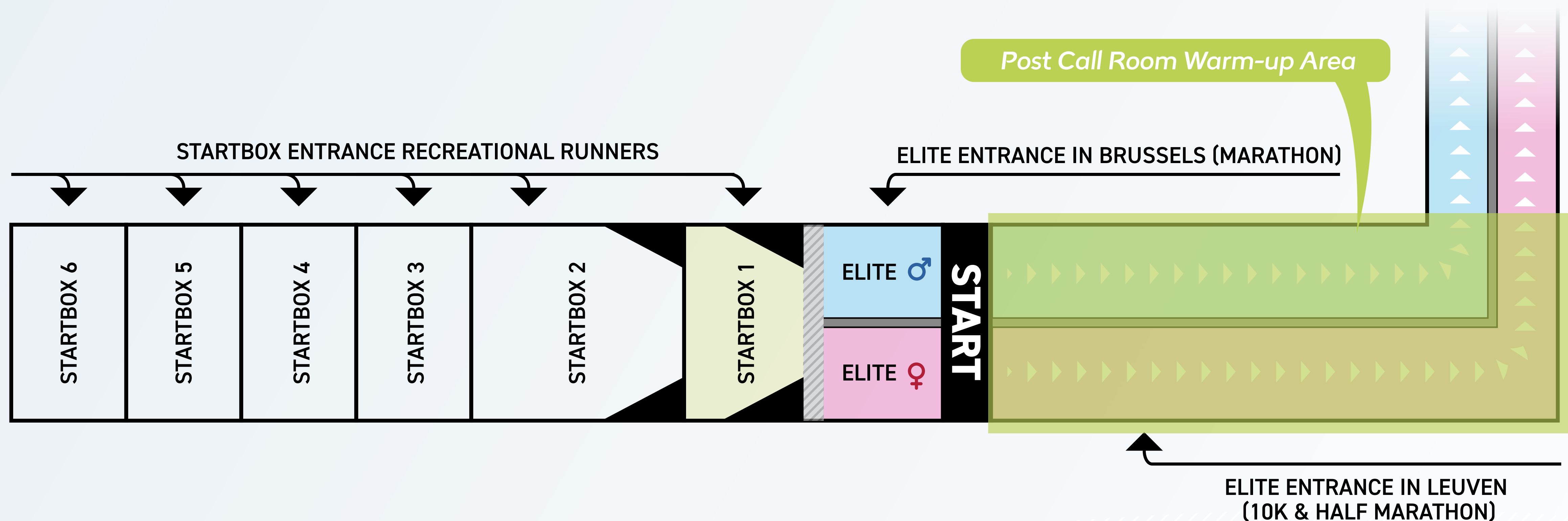


# Competition venue – Leuven



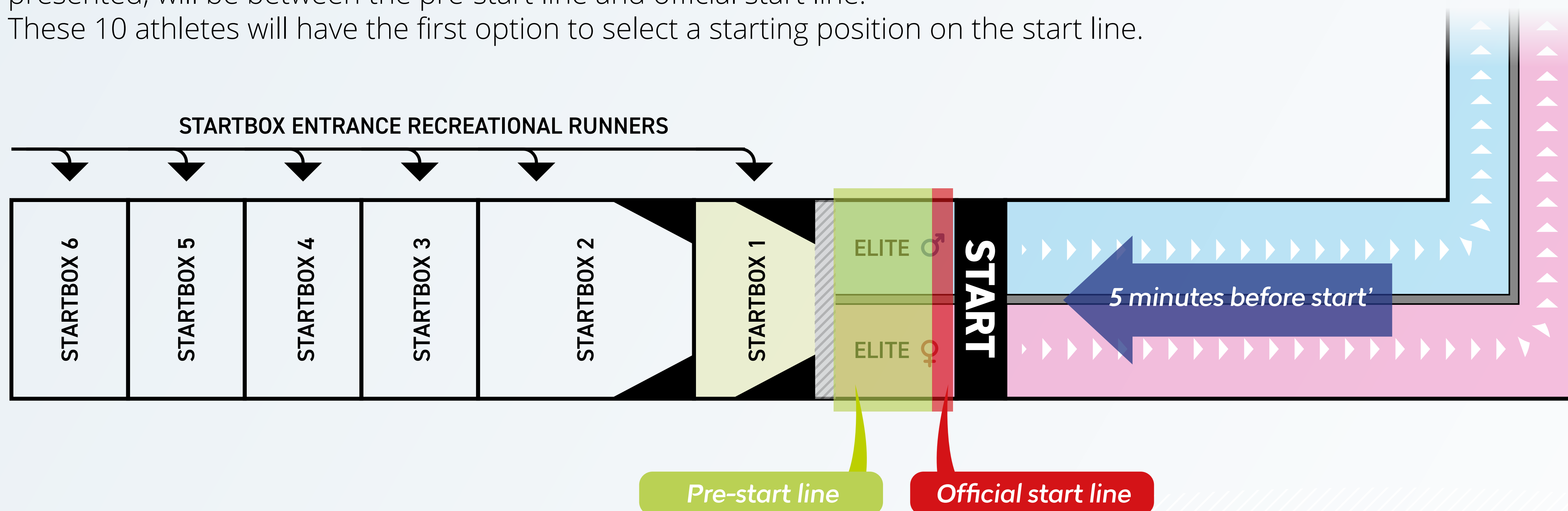
# Start procedure: before line-up

After leaving the call room, athletes will have the chance to do some last strides in the start area (post-call room warm-up area).



# Start procedure: line-up

Athletes will be called back behind the pre-start line by competition officials approximately 5 minutes before the start. 10 selected top athletes (5 men and 5 women) – to be confirmed and declared after the final entries – who will be presented, will be between the pre-start line and official start line. These 10 athletes will have the first option to select a starting position on the start line.





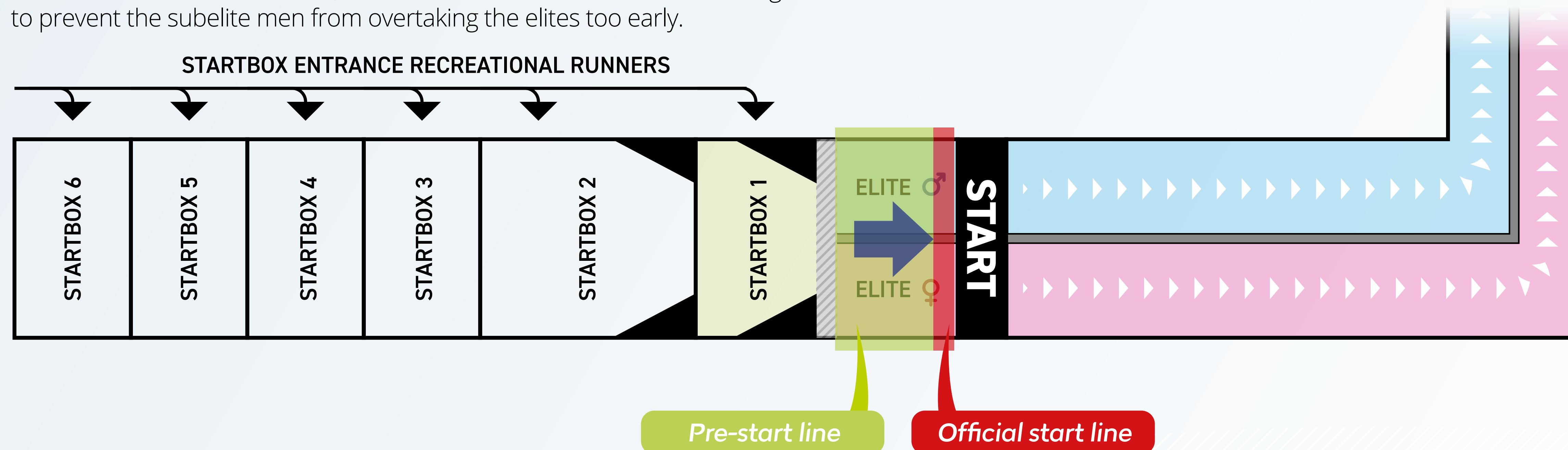
# Start procedure: line-up

Once all the 10 top athletes are presented and have positioned themselves on the start line, the remaining athletes can advance from the pre-start line to the official start line and select the position they prefer within their corresponding box for male or female athletes.

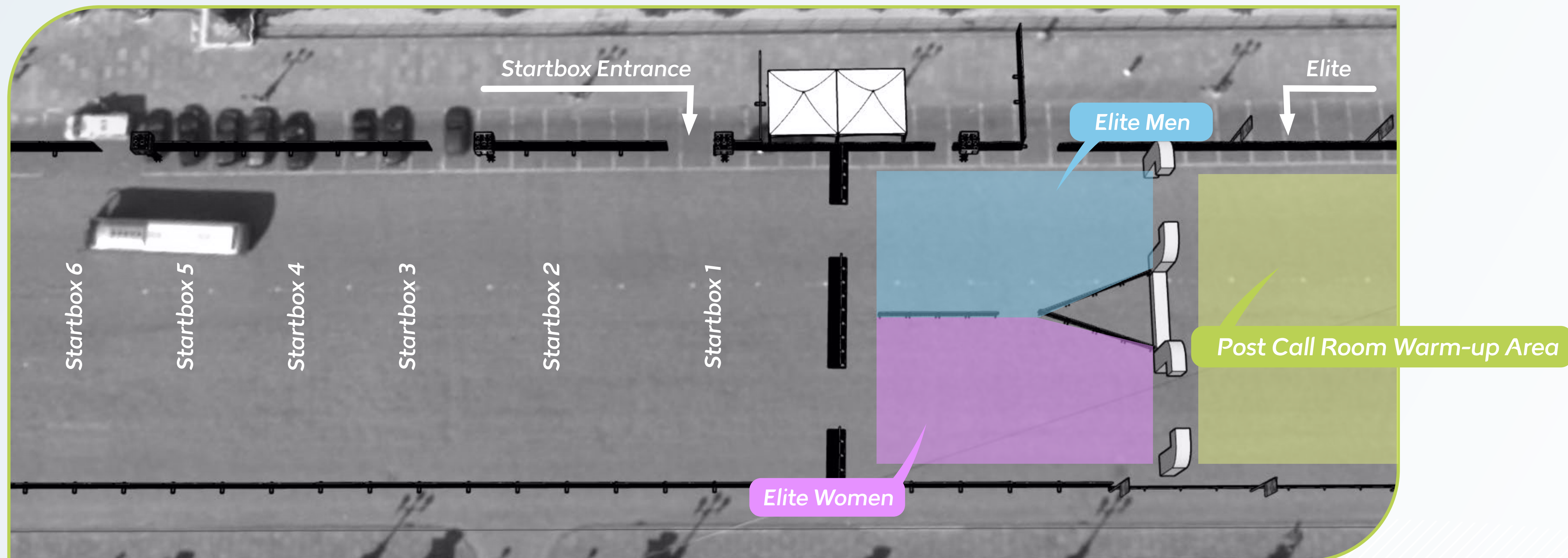
Note: no positions will be allocated to athletes or teams and therefore, the first-come-first-serve principle will be applied.

Further information about the start procedures will be confirmed and presented during the technical briefing.

For the 10k and half marathon, the subelite athletes in startbox 1 will begin 20 to 40 seconds after the last elite runner to prevent the subelite men from overtaking the elites too early.



# Starting procedure: example Brussels (similar Leuven)



# Specific Event procedures: false start

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In the event of the false start, the starter will fire a second shot and officials will raise a tape across the course, 70 m from the start line for the 10k and half marathon and 35 m for the marathon.



# Timing measurement, scoring and ties

## Timing

An electronic timing is carried out using a chip transponder.

The intermediate times at the following splits will be recorded and included in the results:

- 5km of the 10km
- 5km, 10km, 15km, 20km of the Half Marathon
- 5km, 10km, 15km, 20km, half marathon, 25km, 30km, 35km, 40km of the Marathon

Photo finish technology and a video recording system will be used as a back up to determine the finishing order.

## Scoring & ties

The times of the first 3 (three) finishing athletes of each team shall be aggregated in order to determine the finishing order, the team with the lowest aggregate time being the winner, and so on.

A tie shall be resolved in favour of the team whose last scoring athlete finishes nearest to the first place.

A team finishing with fewer than 3 (three) athletes will not be classified in the team result.

All runners finishing shall be classified individually and shall be eligible for individual awards.



# Post Competition Procedures

## Mixed Zone

After the competition, athletes exit through the mixed zone, where they meet the media in a set order: first television, followed by radio, and finally the written press. It is up to each athlete to decide whether they wish to give an interview.

## Chip Return

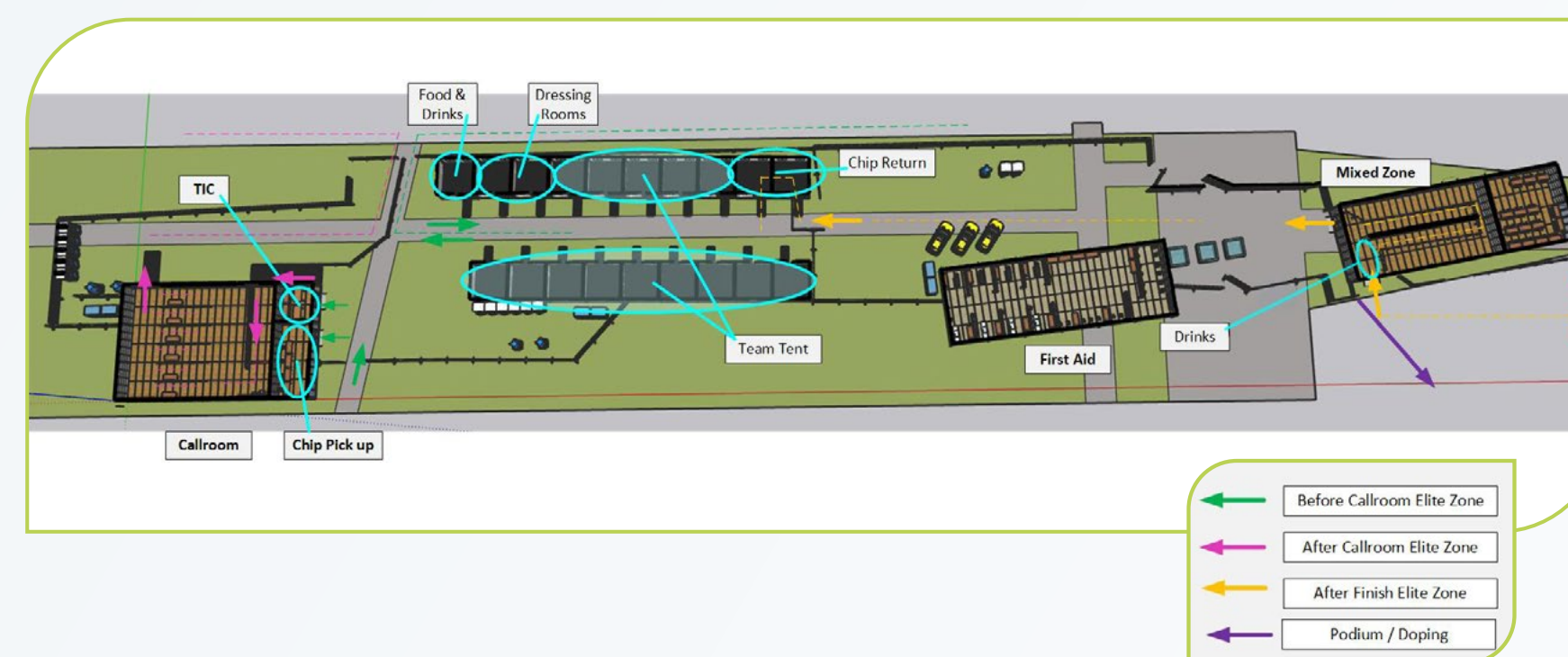
Upon leaving the mixed zone, athletes enter the team tents area. Here, they are obliged to return their chip transponder upon arrival.

## Team Tents Zone

In the team tents zone, athletes can take their time to rest and refresh after the race.

## Afterparty

The afterparty takes place in the fanzone near the medal ceremony area, close to the finish line and team tents zone. All participating athletes from member federations are welcome to attend. Each athlete will receive a cashless catering card, allowing them to enjoy food and drinks.



Overview flow member federation athletes (please find the detailed and larger version on slide 78)



# Protests and Appeals

Protests and appeals are permitted and will be processed in accordance with World Athletics TR 8.

Protests concerning the top three individual and top three team results must be made within 30 minutes of the official announcement of the top three team results in each race. Protests concerning any other position should be made as soon as possible following the incident subject to the protest occurs but must be made no later than 30 minutes of the announcement of the full results of each race.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by someone acting on his/her behalf or by an official representative of a team (World Athletics Technical Rule 8.3). Such person or team may protest only if they are competing in the same race to which the protest (or subsequent appeal) relates.

Where the appropriate Referee is not accessible or available, the protest should be made to him through the virtual TIC.

If the final decision of Referee is not satisfactory a written appeal can be submitted to the Jury of Appeal also through the virtual TIC.

Any written appeal to the Jury of Appeal must be made in accordance with World Athletics Technical Rule 8.7 and signed by a responsible official on behalf of the athlete and submitted through the virtual TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, the team acknowledges that a fee of 100 EUR will be deducted from European Athletics Subvention to be paid by the end of the year unless the appeal is successful. The Jury's decision will be provided in writing.



# MEDICAL SERVICES & DOPING CONTROL

- Medical Services
- Medical Care at the Competition venues
- Physiotherapy Services
- Physiotherapy Services in the Team Hotels
- Physiotherapy Services at the Competition venues
- Import of Medication and Medical Equipment
- Doping Controls
- General Information
- Selection of Athletes
- Additional Controls



# Medical services

The LOC medical service is in charge of any medical assistance to all accredited guests (Teams, LOC personnel, VIP guests and media) as well as, during the competition, to the spectators at the competition venue.

Below and on the following slide, you can find information about the medical care sites and relevant instructions.

In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number 112.

The main medical centre located at the competition venues serves the athletes, coaches, other team members as well as members of the competition organisation.

General medical support during event (Saturday and Sunday): + 32 479 45 99 12





# Medical services

## Medical Care at the Competition Venues

A medical tent will be active at the Venue site for acute medical assistance. First aid teams operated by the Red Cross, supervised by doctors, will be distributed along the course during the competition.

The local medical service will be responsible for any problem concerning the athletes' health both at competition and warm-up area. In case of injuries, only LOC physician will be admitted to the course. The respective physician will decide on the further treatment of the injured athlete.

Team doctors will have access to the medical service facilities when an athlete of their own team is hurt or is in need of other medical attention.

The medical center is located next to the Team Tent and will be open according to the following schedule:

Date	Opening hours
Saturday, 12 April (Start & Finish, Leuven)	08:00 to 15:30
Sunday, 13 April (Start, Brussels)	08:00 to 11:30
Sunday, 13 April (Start & Finish, Leuven)	08:00 to 18:30

General medical support during event (Saturday and Sunday):  
+ 32 479 45 99 12

Outside the official opening hours, a doctor and nurse will be on duty in case Teams need urgent medical assistance or advice. The contact details will be available at the information desk at the team hotels.



# Physiotherapy services

## Physiotherapy Services in the Team Hotels

There will be some rooms available for physiotherapy use in the Team Hotels, equipped with ice and towels.

A LOC team of physiotherapists will be also available on call. Athletes willing to book a treatment shall proceed to the Information Desk in the Team Hotel where volunteers will make arrangements according to the availability.

## Import of Medication and Medical Equipment

Teams can import certain pharmaceutical products for human use without payment of Customs Duty and Value-Added Tax (VTA) when entering Belgium.

## Physiotherapy Services at the Competition Venues

There are well equipped physiotherapy facilities in the warm-up area.

All teams have their own facilities prepared as well as a well-equipped physiotherapy room, including the availability of a LOC physiotherapist. The physiotherapy room will be open as follows:

Date	Opening hours
Saturday, 12 April (Start & Finish, Leuven)	08:00 to 15:30
Sunday, 13 April (Start, Brussels)	08:00 to 10:15
Sunday, 13 April (Start & Finish, Leuven)	08:00 to 15:00

The team physiotherapists and doctors may use the equipment in the physiotherapy room in co-operation with the medical staff.



# Doping controls

## General Information

Doping controls will be conducted in accordance with World Athletics Anti-Doping Rules which are compliant with the WADA code in force since 1 January 2021. The controls will be done under the supervision of the European Athletics Doping Control Delegate. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by anti-doping officials. Athletes will be required to sign a doping control notification form after leaving the Mixed Zone. Athletes have the right to be accompanied to the Doping Control Station (DCS) by an accredited team representative of their choice.

A selected athlete should report immediately to the DCS unless there are valid reasons for delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCS. Athletes are reminded that refusing or failing to comply with the anti-doping procedures may constitute an anti-doping rule violation and could render them liable to disqualification and may result in further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the national Therapeutic Use Exemption system prior to attending the Championships.



# Doping controls

## **Selection of Athletes**

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Doping Control Delegate. In addition, the selection of further athletes may be ordered at the discretion of the European Athletics Doping Control Delegate.

## **Additional Controls**

Athletes requiring doping control (e.g. for ratification of performance) may request to be tested by reporting to the TIC, where a “Doping Control Request Form” should be completed. They will then be escorted to the Doping Control Station. The cost of this control (including the sample collection material and requested analysis) will be paid by European Athletics and will be deducted from the member federation’s European Athletics subvention after the Championships.



# CEREMONIES & SOCIAL FUNCTIONS

- European Athletics - LOC Dinner
- Medal Ceremonies
- Afterparty



# Ceremonies and social functions

## European Athletics - LOC Dinner

A European Athletics - LOC Dinner will be held on Friday 11 April at 19:30 in the centre of Leuven (De Hoorn). Up to two persons from each team will be invited. Invitations will be distributed electronically, as long as guest names were previously inserted into the European Athletics Entry System.

The LOC will provide a shuttle service from the official Team Hotels.

## Medal Ceremonies

The medal ceremony for individuals, teams and country rankings will take place on the venue as scheduled on the event program.

Athletes must wear the official team clothing for the ceremonies, and no other items shall be taken to the podium, such as flags, bags or other.

## Afterparty

After the finish there will be an afterparty for all member federation athletes in the official fanzone near the podium. All athletes can pick up a cashless catering card at the team tents with which they can treat themselves to typical Belgian delicacies such as fries and beer but also much more.

Enjoy the performances together with the other athletes!



# CONTACT DETAILS



# Contact details

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For further details about the European Running Championships 2025 please contact via the WhatsApp group.

## **European Athletics**

Avenue Louis-Ruchonnet 16

1003 Lausanne, Switzerland

Tel: +41 21 313 43 50

E-mail: [competition@european-athletics.org](mailto:competition@european-athletics.org)

Web: [www.european-athletics.com](http://www.european-athletics.com)





*Let us make  
history  
together in  
Brussels-Leuven  
2025*

